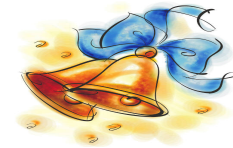




(705) 328-2704
Friends in Motion

January 2010



January 12th and 26th
Bowling \$6.00
Meet Leanne at the
bowling lanes: 1-3pm

Every Thursday
Swimming at the
Lindsay Rec Centre
2:30-3:30pm
Call Jen H. at ext. 258
if you need a ride.
Cost \$4.00

January 15th
Hockey Game:
Lindsay Muskies vs.
Peterborough Stars
Game time: 730pm at
the Lindsay Rec Centre
Call Dan at ext. 225 to
sign-up and/or if you
need a ride.
Cost \$5.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 	8	9
10	11	12 	13	14 	15 	16
17	18	19	20	21 	22	23
24/31	25	26 	27	28 	29	30



CANADIAN MENTAL
HEALTH ASSOCIATION
L'ASSOCIATION CANADIENNE
POUR LA SANTE MENTALE